



Meditation Class

Indianapolis

Silva Life System

Unlock the Power of your Mind

with Fr. Justin Belitz, OFM and Kathy Peters



Saturday and Sunday, Jan. 13-14, 2024 10 AM-6 PM (both days)

Your mind is your greatest resource. Tapping into its unlimited potential can help you develop genius ability. The Silva Method of Meditation has been validated scientifically. It teaches skills of physical and mental relaxation, coupled with visualization. With these tools, you can:

- Recognize and control stress
- Create and maintain a positive attitude
- Actualize potential talent
- Improve memory and concentration
- Develop creativity and intuition

Personal testimony of the late Wayne Dyer, Ph.D.

Jose Silva, the founder of the Silva Method, is a man I have admired for a long time. I have used the Silva Method of visualization for many years. It has helped me overcome illnesses and accidents, and avoid surgery. I urge you to attend Silva's training sessions.

Jack Canfield (co-author of Chicken Soup for the Soul and featured teacher in *The Secret*) recently stated on YouTube that, *after 39 years of experience, I see the Silva Method as one of the most profound approaches of human potential development that I have ever discovered.*

Personal Note from Friar Justin

Dear Friend:

Our world is rapidly changing and so is our perception of it. Scientists, theologians, medical professionals, educators, and even philosophers understand that our world is basically Energy immersed in Universal Energy.

*The Silva Method is a **meditation** program designed to help any human being tap into this Unlimited Energy. **It is the premier program of its kind.** Its techniques are proven to give you specific results (and with a money-back guarantee). Do you want to tap into the Unlimited Energy within **you**? If so, here is your opportunity to be a part of this worldwide movement!*

Sincerely in the love of God and St. Francis

Limited seating available. To register, complete the form below. Graduates must register and provide membership ID number. A graduate donation of \$40 is appreciated.



c/o LuLu Kinnett
3650 East 46th Street
Indianapolis, IN 46205
317-545-0742

Name _____

Address _____

City _____ State _____

Zip _____ Phone Number _____

Amount Enclosed _____ Check # _____

Email _____

Graduate's ID _____ Grad Donation _____

Silva Life System	Indianapolis
Class Registration	
Investment	
At the door	\$475
Prepaid	\$375
Additional family member(s)*	\$325

You must register on or before **December 15** to receive the prepaid discount. A \$100 deposit must be received to ensure your discount and reserve your seat. Please make check payable to The Hermitage and mail to the address above. To register by phone or pay by credit card, call LuLu at 317-545-0742 after 1:30 PM. She can also recommend hotels.

* Discount for spouse or dependent children under 18 living at home, full-time students, and senior citizens 60 and older.